

Subject: Join Us for a Free Webinar on Pain Management with Pete Moore - September 10th!

Dear colleagues,

We are excited to invite you to a webinar in recognition of Pain Awareness Month. This event provides a vital opportunity to elevate understanding of pain and effective management strategies.

**Webinar details:**

**Date:** September 10th

**Time:** 7:00 PM - 8:00 PM

**Cost:** Free

**Registration link:**

This webinar will emphasize the importance of an individualized, multidisciplinary, and multimodal approach to pain care, aligning with this year's theme by the International Association for the Study of Pain (IASP).

**Agenda:**

We are honoured to have Pete Moore, the creator of the Pain Toolkit, join us for this insightful session. Pete will cover:

- The importance of self-management skills when it comes to pain
- What the Pain Toolkit is and how it can assist in pain management

We will also hear from the ESCAPE-pain team, who will cover:

- Insights into the ESCAPE-pain Programme
- Integration of pain management into a chronic joint pain intervention

Following the presentations, there will be an opportunity for questions and discussion.

**Who should attend:**

- Clinicians
- Orthopaedic teams
- Physiotherapists
- Fitness Professionals
- Anyone dedicated to advancing pain management and care for those living with chronic pain.

Don't miss this opportunity to enhance your understanding and approach to pain management. We look forward to your participation in what promises to be a valuable shared learning opportunity.

Feel free to forward this opportunity to those that might be interested, and do reach out with any comments, suggestions or questions.

Best regards,

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For more information about Pete Moore and the Pain Toolkit, visit: <https://www.pain toolkit.org/>.

For more information about the ESCAPE-pain programme, visit: <https://escape-pain.org/>

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