

## **A Practical, Evidence-Based Course for Health Professionals - with Dr Sue Peacock**

Chronic and persistent pain can reshape every part of a person's life — and supporting those living with it often means going beyond physical treatments.

This **introductory course** offers health professionals a clear, science-informed foundation in using **hypnosis** as part of a biopsychosocial approach to pain management.

- Discover how hypnosis influences the brain's perception of pain
- Learn simple hypnotic language, imagery, and relaxation techniques
- Integrate hypnosis safely and ethically into clinical practice
- Empower patients to regain comfort, confidence, and control

Whether you're a **psychologist, physiotherapist occupational therapist, nurse, doctor, or pain specialist**, this introductory training will give you practical tools to support better outcomes for people living with long-term pain.

**No prior hypnosis experience needed — just curiosity and compassion.**

Saturday 29th November 2025. 10.00am – 4.00pm - lunch included

**In person training Milton Keynes**

**Places are limited to ensure a small, supportive, and hands-on learning environment**

**CLOSING DATE TO BOOK YOUR PLACE: Sunday 16th November 2025**

 **Join the Introduction to Hypnosis for Chronic and Persistent Pain course today.**

For more information click [here](#)

